



FALSE BAY YACHT CLUB

SAILING INSTRUCTIONS FOR CLUB RACES

5 November 2019

1. RULES

- a. Races will be governed by, the International Sailing Federation, Racing Rules of Sailing 2017 – 2020 when appropriate (RRS), The Equipment Rules of Sailing 2017 – 2020 when appropriate (ERS), The Merchant Shipping (National Small Vessels Safety) Regulations 2007 (as amended) – Category C where appropriate for racing in and around False Bay and surrounds, the Class Rules of participating classes or any specific Notice of Race issued for a particular Event, the Sailing Calendar as published, which may be amended from time to time, and these Sailing Instructions and any amendments thereof as posted on the Notice Board. In the event of contradictions, the interpretations of the Protest Committee shall be final and binding upon all participants.
- b. Changes to the Rules: RRS:
 - i. Race Signals: by SI 5. (Change of Course)
 - ii. RRS 35 by SI 10. (Time Limits)
 - iii. RRS 61.3 by SI 12 (Protests and Request for Redress)
 - iv. RRS A2 by SI 11 (Scoring)

2. NOTICES TO COMPETITORS

- a. Notices to competitors will be posted on the official Sailing Notice board located in the FBYC foyer.

3. CHANGES TO SAILING INSTRUCTIONS

- a. Any change of Sailing Instructions will be posted not later than 90mins before the scheduled start of the race applicable.

4. SCHEDULE OF RACES

- a. The schedule of Races is set out in the FBYC Sailing Calendar. Races affected by weather may be abandoned or if possible rescheduled.

5. SHORTENING COURSE (Change of Course)

- a. In addition to the methods of shortening course in the RRS, a race may be shortened by the hoisting of an “S” over “C” flags, accompanied by repeated sound signals aboard a boat stationed near a rounding mark of the course. In that event boats shall round the mark and proceed directly to the published finish line, finishing in the direction of the course from the last mark rounded.
- b. Club Races, when run from the FBYC Club Bridge office will be shortened by a broadcast announcement of the change to the course from ‘Dolphyn Bridge’ on VHF channel 71.
- c. In the event of a shortening course broadcast by ‘Dolphyn Bridge’, competitors shall acknowledge receipt of the course change ASAP.
- d. A competitor that fails to acknowledge the course change broadcast shall have no right of redress.

6. THE COURSES

- a. When possible the course to be sailed shall be published approx. 60mins before the scheduled start time.
- b. The published course will be displayed on the Sailing Notice Board or on a printed Course Card available from the duty Race Officer at the FBYC Club Bridge in the Crow’s Nest.
- c. Where there is a major weather change or wind-shift the course to be sailed may be changed by a radio broadcast from the Race Officer calling from ‘Dolphyn Bridge’ on VHF Channel 71 before the start of the race.

7. START

- a. The start line will be as indicated on the published course or as per SI 6 above.
- b. Races will be started by using RRS Rule 26, but when starts are controlled from FBYC Club Bridge only sound signals shall be used.
- c. Any boats starting later than 5 minutes after their starting signal shall be scored Did Not Start (DNS).
- d. Boats whose warning signal has not been made, shall keep clear of the starting area.

8. FINISH

- a. The finish line shall be as per the published course for that race.
- b. If the finish line is between FBYC Club Bridge flagpole and a buoy as per the published course, competitors are to notify ‘Dolphyn Bridge’ on VHF Channel 71 on approaching the finish line.
- c. Competitors failing to notify the bridge as above will have no cause for redress if recorded as not finishing.

9. PENALTY SYSTEM

- a. Rule 44.1 and 44.2 is changed to substitute: one 360° turn, including one tack and one gybe, instead of two turns.

10. TIME LIMITS and ABANDONING A RACE

- a. Yachts shall finish within the time limit, failing which they will be scored DNF.
- b. The time limit unless otherwise specified, is $0.4 \times E$, after the finish of the leading yacht of each division/class, where E is the elapsed time of the first yacht to finish.
- c. If the leading yacht in any race has not maintained or is not likely to attain an average speed of 2 knots, the race may be abandoned.
- d. The Race Officer may abandon races due to bridge crew time constraints as per the following time limits:
 - i. In the Twilight Series, if the 1st yacht has not finished by 19h45
 - ii. In the Saturday RTC Series, if the 1st yacht has not finished by 17h30
 - iii. In the Sunday Series, if the 1st yacht has not finished by 16h30

11. SCORING

- a. For a FBYC Club race to take place and be scored there must be a minimum of 5 yachts having started the race. If fewer than 5 yachts have entered the Race Officer may start an informal race that will not be scored in a series. Competitors will then have to take their own finish times.
- b. The Low Point scoring system of RRS Appendix A4 will apply.
 - i. In a 10 - race series - 7 best scores count.
 - ii. In a 4 - 5 race series - 3 best scores count.

12. PROTESTS AND REQUESTS FOR REDRESS

- a. Protests shall be submitted on the official FBYC protest form available from FBYC Club Bridge.
- b. The protest time limit, is 60 minutes after the last yacht of each class, has finished the last race of the day.
- c. Notices of protests will be conveyed, or posted by the race committee, to inform competitors under rule RRS 63.2

13. SAFETY REGULATIONS

- a. Vessels entering or leaving the SA Navy harbour port limits have absolute right of way over all sailing yachts.
 - i. Competitors adversely affected may apply for redress from the Race Officer.
- b. All yachts must have a SAS Certificate of Fitness or LGSC Certificate
- c. Every yacht must be under the command of a skipper holding at least a SAS Day Skipper Certificate or equivalent.
- d. A yacht that retires from a race shall notify Dolphyn Bridge as soon as possible on VHF Channel 71.
- e. Between the hours of sunset and sunrise, the rules of Part 2 of the RRS will cease to govern, and the International Regulations for the Prevention of Collision at Sea will apply.
- f. After Sunset every yacht shall display appropriate navigation lights, failure to do will result in DSQ.
- g. The Race Officer may not start a race if the wind is averaging over 25 knots or gusting over 30 knots.
- h. Double Handed Races: Only two people are to be on board during the race. Radar, GPS, spinnakers and self-steering gear may be used.
- i. Single Handed Races: Two people can be on board during the race, the second person may not assist in any way (other than sitting out). Radar, GPS, spinnakers and self-steering gear may be used.

14. SPECIAL INSTRUCTIONS

- a. The following special instructions shall apply:
- b. All yachts competing in FBYC club races or race series are to have a valid ORC Club Certificate.
 - i. For the RTC and Medium Distance club races the result calculations will be scored by using the Time on Time Average number as per the Coastal / Long Distance scoring option.
 - ii. When the courses are specifically set up as windward / leeward the races will be scored using the Time on Time Average number as per the Windward / Leeward Scoring option.
 - iii. For boats entering a race as a Non-Spinnaker competitor the result calculations will be scored using the Non-Spin OSN number as per the ORC Special Scoring option.
- c. Competitors are required to complete the race entry form in full for their entry to be accepted.
- d. If and when there are yachts that are wanting to 'occasionally' participate in a club race but do not have the required ORC Club Certificate, the Race Officer may allow the entry into the race by way of a separate club division and or start time and on condition that their participation in no way interferes with the boats competing in the ORC Club race.

15. DISCLAIMER OF LIABILITY AND INSURANCE

- a. Competitors participate in the races entirely at their own risk. See RRS Rule 4, Decision to Race.
- b. False Bay Yacht Club, the Sailing Committee, the Race Officer, or any other person involved in organizing the race or event will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the racing.
- c. The FBYC Club Indemnity form shall be completed and kept on file in FBYC Club Bridge. Failure to lodge the said form will result in a competitor not being scored until having so done. Additional Indemnities may be required for specific events.
- d. Any yacht participating in any FBYC organized Club race must have valid third-party liability insurance cover.