



FALSE BAY YACHT CLUB

34°11.541'S 18°26.047'E

SAILING INSTRUCTIONS FOR CLUB RACES

1. RULES

- a. Races will be governed by The World Sailing Racing Rules of Sailing 2021 – 2024, the World Sailing Equipment Rules of Sailing 2021 – 2024 when appropriate, The National Small Vessel Safety Regulations of 2007 (as amended) – Category C where appropriate for racing in and around False Bay and surrounds, the Class Rules of participating classes or any specific Notice of Race issued for a particular Event, the Sailing Calendar as published, which may be amended from time to time, and these Sailing Instructions and any amendments thereto as posted on the Sailing Notice Board. In the event of contradictions, the interpretations of the Protest Committee shall be final and binding upon all participants.
- b. A VHF radio, capable of receiving and transmitting on channels 16 and 71 shall be monitored at all times during events and whilst boats are away from their moorings. While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- c. Changes to the Rules: RRS:
 - i. Race Signals: by SI 5. (Change of Course)
 - ii. RRS 35 by SI 10. (Time Limits)
 - iii. RRS 61.3 by SI 12 (Protests and Request for Redress)
 - iv. RRS A2 by SI 11 (Scoring)
 - v. RRS 41.1 by SI 9 (Penalty System)
 - vi. RRS 52 by SI 14.b.iv (Autopilots and Self-Steering Equipment)

2. NOTICES TO COMPETITORS

- a. Notices to competitors will be posted on the official Sailing Noticeboard located in the FBYC foyer and, when appropriate, on the Racing WhatsApp group.
- b. Additional instructions will be posted on the official Sailing Noticeboard and, when appropriate, on the Racing WhatsApp group.

3. CHANGES TO SAILING INSTRUCTIONS

- a. Any change of Sailing Instructions will be posted on the official Sailing Noticeboard and on the Racing WhatsApp group not later than 90 minutes before the scheduled start of the race applicable.

4. SCHEDULE OF RACES

- a. The schedule of Races is set out in the FBYC Sailing Calendar. Races affected by weather may be abandoned, or if possible, rescheduled.
- b. Race start times will be 14h30 on Saturdays and 11h30 on Sundays. Any change to these times will be advised well in advance as an amendment to these Sailing Instructions.

5. SHORTENING COURSE (Change of Course)

- a. In addition to the methods of shortening course in the RRS, a race may be shortened by the hoisting of “S” over “C” flags, accompanied by repeated sound signals aboard

- a boat stationed near a rounding mark of the course. In that event boats shall round the mark and proceed directly to the published finish line, finishing in the direction of the course from the last mark rounded.
- b. Club Races, when run from the FBYC Club Bridge office, will be shortened by a broadcast announcement of the change to the course from 'Dolphyn Bridge' on VHF channel 71.
 - c. In the event of a shortening course broadcast by 'Dolphyn Bridge', competitors shall acknowledge receipt of the course change. A competitor that fails to acknowledge the course change broadcast shall have no right of redress.

6. THE COURSES

- a. When possible, the course to be sailed shall be published approximately 60 minutes before the scheduled start time.
- b. The published course will be displayed on the Sailing Notice Board, on the Racing WhatsApp group or on a printed Course Card available from the duty Race Officer at the FBYC Club Bridge in the Crow's Nest. It will be announced on VHF Channel 71 approximately 20 minutes before the start.
- c. Where there is a major weather change or wind shift the course to be sailed may be changed by a radio broadcast from the Race Officer calling from 'Dolphyn Bridge' on VHF Channel 71 before the warning signal of the race.
- d. In the event of a course change broadcast by 'Dolphyn Bridge', competitors shall acknowledge receipt of the course change.
- e. A competitor that fails to acknowledge the course change broadcast shall have no right of redress.
- f. The marks of the course may be any of, or a combination of, recognised safe rounding islands or rocks, harbour buoys, cardinal marks, FBYC permanent marks or temporary inflatable buoys.

7. START

- a. The start line will be as indicated on the published course or as per SI 6 above.
- b. Races will be started by using RRS Rule 26, but when starts are controlled from FBYC Club Bridge only sound signals shall be used. Sound signals will be broadcast on VHF Channel 71.
- c. Any boats starting later than 10 minutes after their starting signal shall be scored Did Not Start (DNS).
- d. For multiple starts, boats whose warning signal has not been made, shall keep clear of the starting area during the starting sequence for other races.

8. FINISH

- a. The finish line shall be as per the published course for that race.
- b. If the finish line is between the FBYC Club Bridge flagpole and a buoy as per the published course, competitors are to notify 'Dolphyn Bridge' on VHF Channel 71 when approximately 5 minutes from the finish line but, when possible, only after the boat ahead of you. Competitors failing to notify the bridge will have no cause for redress if recorded as not finishing.
- c. It is possible when finishing that the Race Committee may not see or record your finish, owing to poor light, fog or time limit having expired. In this case competitors may cross the finish line and take their own time, noting other yachts in their vicinity, and report this to the bridge on VHF Channel 71. They may be required to substantiate this with GPS readings.

9. PENALTY SYSTEM

- a. Rule 44.1 is changed to substitute: one 360° turn, including one tack and one gybe, instead of two turns.

10. TIME LIMITS AND ABANDONING A RACE

- a. Boats shall finish within the time limit, failing which they will be scored DNF.
- b. The time limit, unless otherwise specified, is 0.5 x E, after the finish of the leading boat of each division/class, where E is the elapsed time of the first boat to finish.
- c. If the leading boat in any race has not maintained, or is not likely to attain, an average speed of 2 knots, the race may be abandoned.
- d. The Race Officer may abandon races due to bridge crew time constraints as per the following time limits:
 - i. In the Twilight Series if the first boat has not finished by 19h45
 - ii. In the Saturday RTC Series, if the first boat has not finished by 17h30
 - iii. In the Sunday Series, if the first boat has not finished by 16h30

11. SCORING

- a. For a FBYC Club race to take place and be scored there must be a minimum of five boats having started the race. If fewer than five boats have entered the Race Officer may start an informal race that will not be scored in a series. Competitors may then have to take their own finish times.
- b. The Low Point scoring system of RRS Appendix A4 will apply.
 - i. When less than five races have been completed, a boat's series score will be the total of her race scores.
 - ii. When five or more races have been completed, a boat's series score will be the total of her race scores, excluding the worst score.
 - iii. When seven or more races have been completed, a boat's series score will be the total of her race scores, excluding her two worst scores.

12. PROTESTS AND REQUESTS FOR REDRESS

- a. Protest forms are available at the FBYC Club Bridge. Protests and requests for redress, or reopening, shall be delivered there within the appropriate time limit. The protestor must inform the protestee of their protest.
- b. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day, or the race committee signals no more racing today, whichever is later.
- c. Notices will be communicated to those involved no later than 30 minutes after the protest time limit, to inform competitors of hearings in which they are parties, or named as witnesses, and where the hearings will be held.
- d. Notices of protests by the race committee, technical committee or protest committee will be communicated to those involved under RRS 61.1(b).

13. SAFETY REGULATIONS

- a. Vessels entering or leaving the SA Navy harbour port limits have absolute right of way over all other vessels. Competitors adversely affected may apply for redress from the Race Officer.
- b. All boats must have a valid SAS Local General Safety Certificate, Category C.
- c. Every boat must be under the command of a skipper holding at least a valid SAS Day Skippers Certificate or equivalent.

- d. A boat that retires from a race shall notify the committee boat or Dolphyn Bridge as soon as possible on VHF Channel 71.
- e. Between the hours of sunset and sunrise, the rules of Part 2 of the RRS will cease to govern, and the International Regulations for the Prevention of Collision at Sea will apply.
- f. After Sunset every boat must display appropriate navigation lights. Failure to do so will result in disqualification, with no right of redress.
- g. The Race Officer may not start a race if the wind is averaging over 25 knots or gusting over 30 knots.
- h. Double-Handed Races: only two people can be on board during the race. Radar, GPS, spinnakers and self-steering gear may be used. It is a requirement that personal buoyancy aids are worn during short-handed races.
- i. Single-Handed Races: two people can be on board during the race, the second person may not assist in any way (other than sitting out). Radar, GPS, spinnakers and self-steering gear may be used. It is a requirement that personal buoyancy aids are worn during short-handed races.

14. SPECIAL INSTRUCTIONS

The following special instructions shall apply:

- a. All boats competing in FBYC ORC club races, or race series, are to have a valid ORC Club Certificate.
 - i. For the RTC and Medium Distance club races and race series the result calculations will be scored by using the Coastal / Long Distance Time on Time Average Number Scoring Option.
 - ii. When the courses are specifically set up as windward / leeward the races will be scored using the Windward / Leeward Time on Time Average Number Scoring Option.
 - iii. For boats entering a race or race series as a Non-Spinnaker competitor the result calculations will be scored using the Non Spin OSN Time on Time Special Scoring option. If a non-spinnaker rating is not requested for a race or race series, the rating will default to the spinnaker rating.
 - iv. For the single- and double-handed races or race series, the Double-Handed ratings will apply. Autopilots and self-steering equipment are allowed for these races.
 - v. Racing will combine spinnaker, non-spinnaker and double-handed ratings. Boats must declare their selected choice when they enter a race or race series. This choice will be applied for the duration of a series. If a boat has entered any race in a series, she shall be scored for the whole series.
- b. Competitors are required to do a radio check prior to the race start sequence of each race and inform the bridge of the number of persons on board for their entry to be accepted.
- c. At the discretion of the Sailing Committee, or the Race Officer, and to encourage participation, mono-hulls and multi-hulls that do not have the required ORC Certificate, may participate in club races by way of a separate division, on condition that their participation in no way interferes with the boats competing in the ORC Club race. Ratings for this division will be allocated by the Race Committee.

15. DISCLAIMER OF LIABILITY AND INSURANCE

- a. Competitors participate in the races entirely at their own risk. See RRS Rule 3, Decision to Race – the responsibility for a boat's decision to participate in a race, or to continue racing, is hers alone.
- b. False Bay Yacht Club, the Sailing Committee, the Race Officer, or any other person involved in organising the race, or event, will not accept any liability for material damage, or personal injury, or death sustained in conjunction with, or prior to, during, or after the racing.
- c. Indemnities may be required for specific events.
- d. Any yacht participating in any FBYC organised Club race must have valid third-party liability insurance cover.

updated July 2021