

FALSE BAY YACHT CLUB

34°11.541'S 18°26.047'E

SAILING INSTRUCTIONS FOR CLUB RACES

1. RULES

- a. Races will be governed by the World Sailing The Rules of Sailing for 2021-2024, the World Sailing 2021-2024 Equipment Rules of Sailing when appropriate, The National Small Vessel Safety Regulations 2007 (as amended) – Category C or FBYC Safety Certification for boats less than 9 metres for racing in and around False Bay and surrounds, the Class Rules of participating classes or any specific Notice of Race issued for a particular event, the Sailing Calendar as published, which may be amended from time to time, and these Sailing Instructions and any amendments thereto as posted on the Sailing Notice Board located in the Bridge. In the event of contradictions, the interpretations of the Protest Committee shall be final and binding upon all participants.
- b. A VHF radio, capable of receiving and transmitting on channels 16 and 6 shall be monitored at all times during events and whilst boats are away from their moorings. Whilst racing, except in an emergency, a boat shall not make or receive voice or data communication that is not available to all boats.
- c. Changes to the Rules: RRS:
 - i. Race Signals: by SI 5. (Change of Course)
 - ii. RRS 35 by SI 10. (Time Limits)
 - iii. RRS 61.3 by SI 12 (Protests and Request for Redress)
 - iv. RRS A2 by SI 11 (Scoring)
 - v. RRS 41.1 by SI 9 (Penalty System)
 - vi. RRS 52 by SI 13.h and 13.i (Autopilots and Self-Steering Equipment)
 - vii. RRS 26 by SI 7.a and 7.b (Starting Races)

2. NOTICES TO COMPETITORS

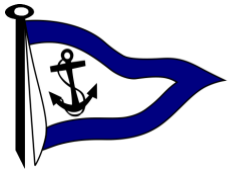
- a. Notices to competitors may be posted on the Official Sailing Noticeboard located in the FBYC foyer or, on the FBYC Club Racing WhatsApp group.
- b. Additional instructions may be posted on the Official Sailing Noticeboard or on the FBYC Club Racing WhatsApp group.

3. CHANGES TO SAILING INSTRUCTIONS

- a. Any change of Sailing Instructions may be posted on the Official Sailing Noticeboard or on the FBYC Club Racing WhatsApp group not later than 90 minutes before the scheduled start of the race applicable.

4. SCHEDULE OF RACES

- a. The schedule of Races is set out in the FBYC Sailing Calendar. Races affected by weather may be abandoned or, if possible, rescheduled.
- b. Race start times will be 14h30 on Saturdays and 11h30 on Sundays.
- c. Wednesday Twilight Series Races, start times will be published on the FBYC Club Racing Whatsapp Group.
- d. Any change to these times will be advised well in advance, on the FBYC Club Racing Whatsapp Group, as an amendment to these Sailing Instructions.



FALSE BAY YACHT CLUB

34°11.541'S 18°26.047'E

5. SHORTENING COURSE (Change of Course)

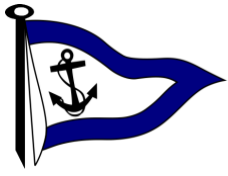
- a. In addition to the methods of shortening course in the RRS, a race may be shortened by the hoisting of "S" over "C" flags, accompanied by repeated sound signals aboard a boat stationed near a rounding mark of the course. In that event boats shall round the mark and proceed directly to the published finish line, finishing in the direction of the course from the last mark rounded.
- b. Club Races, when run from the FBYC Club Bridge office, will be shortened by a broadcast announcement of the change to the course from 'Dolphyn Bridge' on VHF channel 6.
- c. In the event of a shortening course broadcast by 'Dolphyn Bridge', competitors shall acknowledge receipt of the course change. A competitor that fails to acknowledge the course change broadcast shall have no right of redress.

6. THE COURSES

- a. When possible, the course to be sailed shall be published approximately 60 minutes before the scheduled start time.
- b. The published course may be displayed on the Sailing Notice Board, or on the FBYC Club Racing WhatsApp group and on a printed Course Card available from the duty Race Officer at the FBYC Club Bridge in the Crow's Nest. It may be announced on VHF Channel 6 approximately 20 minutes prior to the start.
- c. Where there is a major weather change or wind-shift the course to be sailed may be changed by a VHF Channel 6 radio broadcast from the Race Officer calling from 'Dolphyn Bridge' or the start boat on VHF Channel 6 before the warning signal of the race.
- d. In the event of a course change broadcast by 'Dolphyn Bridge', competitors shall acknowledge receipt of the course change. A competitor that fails to acknowledge the course change broadcast shall have no right of redress.
- e. The marks of the course may be any of, or a combination of, recognized safe rounding islands, rocks, cardinal marks and FBYC permanent buoys or temporary inflatable buoys.

7. START

- a. The start line will be as per the published course for each race.
- b. Races will be started by using RRS Rule 26, but when starts are controlled from the FBYC Club Bridge only sound signals shall be used. Sound signals will be broadcast on VHF Channel 6.
- c. Any boats starting later than 10 minutes after their starting signal shall be scored Did Not Start (DNS).
- d. For multiple starts, boats whose warning signal has not been made, shall keep clear of the starting area during the starting sequence for other races.



FALSE BAY YACHT CLUB

34°11.541'S 18°26.047'E

8. FINISH

- a. The finish line shall be as per the published course for each race.
- b. If the finish line is between FBYC Club Bridge flagpole and a buoy as per the published course, competitors are to notify 'Dolphyn Bridge' on VHF Channel 6 when approximately 5 minutes from the finish line, when possible, only after the boat ahead of you has called in. Competitors failing to notify the bridge will have no cause for redress if recorded as not finishing.
- c. It is possible when finishing that the Race Officers may not see or record your finish, owing to poor light, fog or time limit having expired. In these cases competitors may cross the finish line and take their own time, noting other boats in their vicinity, and report this to the bridge on VHF Channel 6. They may need to substantiate this with GPS readings, photographs or similar evidence.

9. PENALTY SYSTEM

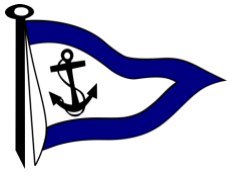
- a. Rule 44.1 is changed to substitute: one 360° turn, including one tack and one gybe, instead of two turns.

10. TIME LIMITS and ABANDONING A RACE

- a. Boats shall finish within the time limit, failing which they will be scored DNF.
- b. The time limit, unless otherwise specified, is $0.6 \times E$, after the finish of the leading boat of each division/class, where E is the elapsed time of the first boat to finish.
- c. If the leading boat in any race has not maintained, or is not likely to attain, an average speed of 2 knots, the race may be abandoned.
- d. The Race Officer may abandon races due to bridge crew time constraints as per the following time limits:
 - i. In the Twilight Series if the first boat has not finished by 20h00
 - ii. In the Saturday RTC Series, if the first boat has not finished by 17h30
 - iii. In the Sunday Series, if the first boat has not finished by 16h30

11. SCORING

- a. For a FBYC Club race to take place and be scored there must be a minimum of five boats, with a valid ORC Club Certificate, having started the race. If fewer than five boats have entered the Race Officer may start an informal race that will not be scored in a series. Competitors may then have to take their own finish times.
- b. The Low Point scoring system of RRS Appendix A4 will apply.
 - i. When less than five races have been completed, a boat's series score will be the total of her race scores.
 - ii. When five or six races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.
 - iii. Where seven or more races have been completed, a boat's series score will be the total of her race scores, excluding her two worst scores.



FALSE BAY YACHT CLUB

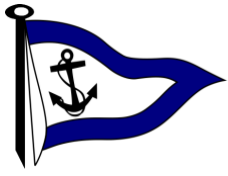
34°11.541'S 18°26.047'E

12. PROTESTS AND REQUESTS FOR REDRESS

- a. Protest forms are available at the FBYC Club Bridge. Protests and requests for redress, or reopening, shall be delivered there within the appropriate time limit. The protestor must inform the protestee of their protest.
- b. For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day, or the race committee signals no more racing today, whichever is later.
- c. Notices will be communicated to those involved no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties, or named as witnesses, and where the hearings will be held.
- d. Notices of protests by the race committee, technical committee or protest committee will be posted to those involved under RRS 61.1(b).

13. SAFETY REGULATIONS

- a. Vessels entering or leaving the SA Navy harbour port limits have absolute right of way over all other vessels. Competitors adversely affected may apply for redress from the Race Officer.
- b. Boats greater or equal to 9 metres in length must have a valid SAS Local General Safety Certificate of Fitness, Category C. Boats less than 9 metres may have the same or a FBYC Safety Certificate, but they must still meet the construction and safety equipment requirements defined in the National Small Vessel Safety Regulations.
- c. Every boat must be under the command of a skipper holding at least a valid SAS Day Skipper Certificate or equivalent.
- d. A boat that retires from a race shall notify the committee boat or Dolphyn Bridge as soon as possible on VHF Channel 6.
- e. Between the hours of sunset and sunrise, the rules of Part 2 of the RRS will cease to govern, and the International Regulations for the Prevention of Collision at Sea will apply.
- f. After Sunset every boat must display appropriate navigation lights. Failure to do will result in disqualification, with no right of redress.
- g. The Race Officer may not start a race if the wind is averaging over 28 knots or gusting over 30 knots. Skippers and Owners are reminded that it is entirely up to them whether to race or not.
- h. Double Handed Races: only two people can be on board during the race. Radar, GPS, spinnakers and self-steering gear may be used. It is strongly recommended that personal buoyancy aids are worn during short-handed races.
- i. Single Handed Races: two people must be on board during the race, but the second person may not assist in any way (other than sitting out). Radar, GPS, spinnakers and self-steering gear may be used. It is strongly recommended that personal buoyancy aids are worn during short-handed races.



FALSE BAY YACHT CLUB

34°11.541'S 18°26.047'E

14. SPECIAL INSTRUCTIONS

- a. The following special instructions shall apply:
- b. All boats competing in FBYC club races, or race series, are to have valid ORC Club Certificates.
 - i. For the RTC and Medium Distance club races and race series the result calculations will be scored by using the Single Number Time on Time All Purpose Scoring Option.
 - ii. When the courses are specifically set up as windward/leeward the races will be scored using the Single Number Time on Time Windward/Leeward Scoring option.
 - iii. All Club Racing will combine Spinnaker, and Non-Spinnaker ORC Club Ratings, i.e. no ORC Double Handed Ratings. Boats must declare their selected choice when they enter races or race series. If a boat has entered any race in a series, she shall be scored for the whole series. This choice will apply for the duration of a series, except for the Medium Distance Series, where a competitor can choose, Spinnaker or Non-Spinnaker ORC Club Rating for each individual race in the series. The choice must however be made before the start of the individual race, i.e. at registration.
 - iv. Double Handed and Single Handed races will use ORC Double Handed Non-Spinnaker Rating, unless a Competitor chooses to use a spinnaker, in which case they must use their ORC Club Spinnaker Rating.
- c. Competitors are required to do a radio check prior to the start of each race and inform the bridge of any change in the number of persons onboard.
- d. At the discretion of the Sailing Committee or the Race Officer, and to encourage participation, mono and multi-hulls that do not have ORC Certificates may participate in club races by way of a separate division, on condition that their participation in no way interferes with the boats competing in the ORC Club race. Ratings for this division will be allocated by the Race Committee.

15. DISCLAIMER OF LIABILITY AND INSURANCE

- a. Competitors participate in the races entirely at their own risk. See RRS Rule 3, Decision to Race – *The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.*
- b. False Bay Yacht Club, the Sailing Committee, the Race Officer, or any other person involved in organising the race or event will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the racing.
- c. Indemnities may be required for specific events.
- d. Any boat participating in any FBYC organised Club race must have valid third-party liability insurance cover.

Updated January 2023

Please note that these Sailing Instructions will only apply to Races or New Series that start after 18 January 2023.