# ROWING – Cape Coastal Rowing Club

**CCRC Update: Summer's underway**

The rowing season is gathering pace, with the warmer weather and longer days providing some wonderful opportunities to get on the water.



**Langebaan Flower Tour**

The annual trip to Langebaan for the flowers is always a highlight, but this year we added something new. For the first time, the crew rowed the full stretch from Langebaan to Saldanha, following the coastline past Mykonos before landing in the port of Saldanha.

It was a lively weekend with new water, new views and the satisfaction of completing a row we hadn't done before. There was also the mandatory braai, a memorable stop at Adi Badenhorst's Wine & Spirit company and a Sunday paddle past the mussel farms. Naturally, there was also a detour through the flower fields on the way home.





**The Vulcan Challenge**

Hout Bay Yacht Club invited us to participate in the Vulcan Challenge – an inshore race around Vulcan Rock. Of course, we said yes! And so three of our sea quads and a gig headed to Hout Bay for the challenge, which had plenty of potential challenges to keep us on our toes – including Dungeons surf break. As it turned out, the sea looked like a lake, and we had about two dozen CCRC rowers taking part. There was also a strong showing at the host club afterwards, with the boerie rolls struggling to keep up with demand. We will no doubt be back for more fun next year.

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**Looking Ahead: The False Bay Classic**

And now we turn our attention to our own regatta. This weekend sees our inaugural False Bay Classic, a 21km row in False bay that is open to anyone with an oar, whether you're in a rowing boat, surfski, kayak or outrigger.

It's a soft launch, but there's already been plenty of interest, with crews entered across quads, doubles and singles. The weather will determine whether we go on Saturday or Sunday, but either way, it feels like the start of something we hope will become a regular fixture.

Here's the route, wish us luck:

